

Qualified Expenses for ABLÉ Accounts

USING YOUR FUNDS

Money spent from an ABLÉ account should relate to the disability, and help maintain or improve health, independence, or quality of life.



ABLE accounts are saving, investment and spending accounts for people with disabilities. Individuals can use ABLÉ funds to pay for expenses related to their disability, known as **“Qualified Disability Expenses” (QDEs)**.

Examples of Qualified Disability Expenses

The IRS allows a wide range of qualified expenses for your everyday life. The QDE list is not exhaustive. It can include expenses beyond those listed below:



Basic Living Expenses



Housing



Transportation



Employment Training



Education



Assistive Technology



Support Services



Legal & Financial



Medical, Health & Prevention